

Labour TENS



The natural choice for pain relief

Labour TENS (Transcutaneous Electrical Nerve Stimulation) is a professionally researched, safe and easy method of labour and after-birth pain relief. It has been used successfully in Australian and European hospitals since the 1960s with no adverse side effects.

Labour TENS hire gives you a quality product, with the latest technology specifically designed for childbirth, at minimal cost. Labour TENS is considerably cheaper than the charge for pethidine or an epidural. Health fund rebates are available, in some cases up to a 100%.

Labour TENS can be used alone for a drug free birth allowing you to stay mobile and in control. It works in harmony with the natural birth process to reduce medical intervention. Labour TENS can also be used alongside any other pain relief method if desired to provide you with maximum choice.

Hire online: WWW.LABOURTENS.COM.AU

Or phone: (02) 9400 2709

Paypal/Visa/MCard/Money Order/Cheque Accepted

About Labour TENS

- Use at home or at the hospital when contractions start
- Drug free natural pain control
- Non invasive giving freedom to move about
- Proven over 80% effective for reducing pain
- No side effects or drowsiness
- No harm to mum or baby
- Easy to operate and fully controllable
- Pre-programmed for labour with boost control
- Can be used with other methods / drugs
- Instruction book and DVD provided

How does it work?

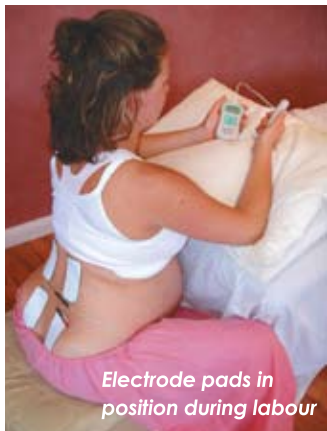
- Releases natural pain killers (endorphins)
- Blocks out pain messages to the brain.

What does it feel like?

- A pleasant tingling sensation

Self adhesive electrode pads are fixed to your lower back as shown. Switch on the TENS and turn it up until you feel the tingling. Use the boost button to increase the intensity of the signal for each contraction.

The TENS sends a signal to the brain via nerves to block out pain in the uterus. You will receive full instructions with each TENS machine or contact your midwife for more help. Use at home when the contractions begin and for several hours after birth. Continue to use labour TENS to assist with uterine contractions, and bruising after birth.



Labour TENS (5 week hire) \$65
Postage Australia wide \$17
(includes return paid satchel)

